

Table 18. Checklist for patient understanding

At the end of each office visit, a patient should be able to answer the following questions:

- What health problems do I have and what should I do about them?

 - Where do I go for tests, medicine, and appointments?

 - How should I take my medicine?
 - When do I take it?
 - What will it do?
 - How do I know if it is working?
 - Whom do I call for if I have questions?

 - Other instructions
 - What to do?
 - How to do it?
 - When to do it?

 - Next steps
 - When do I need to be seen again?
 - Do I have another appointment? If so, what are the date and time of the appointment?
 - Are there phone numbers to call?
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